

Annual Meeting and Luncheon
Tuesday, October 18, noon – 2:00 pm
Wellesley College Club Main Dining Room

The Wellesley Neighbors election of officers for one-year terms and directors for three-year terms will take place at the Annual Meeting on Tuesday, October 18, at the Wellesley College Club. We will gather for a buffet luncheon at noon, provided free of charge, in the main dining room.

Following the luncheon, the slate of officers and directors will be presented by the Nominating Committee Chair, Margot Lansing. (You received this information as an insert to your September 2016 *WN Newsletter*.)

Remarks by President Nancy Gans will follow the election, and Treasurer Stan Treitman will then present a financial report.

Executive Director Joyce Wadlington will lead a discussion of “What’s On Your Mind?” to conclude the meeting. Please be ready with your questions, suggestions and comments, making this a productive exchange that will help Wellesley Neighbors become even better in responding to our membership.

To make your reservation(s), call 781-283-0417, ext.2, or email events@wellesleyneighbors.org.

From the President: Wellesley Neighbors for Your Health

Research has shown that loneliness affects physical health as well as mental health. Dr. Carla M. Perissinotto, a geriatrician at the University of California, San Francisco, followed 1604 older people in a study that showed that those who initially reported feelings of loneliness had significantly higher rates of declining mobility, difficulty in performing routine daily activities and death during 6 years of follow-up.



healthier. Join your fellow members at the lunches and dinners and on the tours that the Activities Committee works so hard to plan for us. Come to hear a speaker, take the yoga class, join a walking group. Go to the cluster parties. Volunteer to drive someone to a doctor’s appointment or to the bus for a trip to the airport.

You’ll develop friendships, educate yourself, have a good time, and, in so doing, help to maintain your physical and mental health. *Nancy*

Wellesley Neighbors maintains its focus on community building in order to help us all stay

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From the Executive Director : What's On My Mind

Let your family members know that you belong to Wellesley Neighbors and share the office phone number with them. Recently a daughter was able to contact me with important news as she knew that her mother was a member.

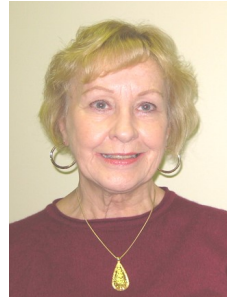
Email or call me with the names of service providers (e.g., landscapers, doctors, lawyers, painters, etc.) that you recommend. Our member-vetted referral database is utilized regularly, and we need to keep adding providers.

Bring a guest(s) with you to one of our events so she or he can meet members and decide whether to join our community. You can register the guest(s) online or by phone.

Share with us any ideas about activities or events you'd like Wellesley Neighbors to sponsor.

Volunteer to join one of our committees or to form an interest group.

Joyce



From the Health Support Committee:

About Hearing Aids From the Wearer's Point of View

On Thursday , October 20, at 3:00 pm in Room 413, the Wang Center, Wellesley College, WN member Sara-Jane Kornblith, M.D., will give an informal talk on the experience of getting and using different kinds of hearing aids. Some areas she will cover are: What does that hearing test chart mean? What's involved in the process of getting hearing aids? What do they look like, and how does one adapt to using them? How have they changed, particularly over the last 12 years? Sara-Jane will also talk briefly about how partial hearing loss influences daily life, and whether one should "bother with this contraption" if one has only mild to moderate hearing loss.

A hearing aid wearer herself, Sara-Jane proposed this session as a follow-up to the well-attended and excellent formal presentation on hearing aids last March. There will be an opportunity to ask questions and share information with the goal of raising the awareness of what is available to those with the most common age-related type of hearing loss.

Selecting Home Care Providers for Seniors

On Tuesday, November 1, at 3:00 pm in Room 413, the Wang Center, Wellesley College, Michael Wilsker will speak about the issues involved in deciding upon the appropriate caregivers for seniors in need of home care. Mr. Wilsker is an attorney who practiced real estate law for over 27 years. He then became involved with the care of seniors, as a direct result of the home care needs affecting both of his parents. For the last five years he has been the co-owner and vice president of Always Best Care Senior Services located in Sudbury, MA.

Mr. Wilsker's presentation will be from the perspective of the consumer. He will discuss such areas as the options available, the proper fit of caregiver and patient, the accommodations needed regarding living arrangements, and dealing with the costs and resources available to meet these costs.

A question and answer period will follow Mr. Wilsker's talk.



This Land Was Made for You and Me: Panel Discussion on Refugee Resettlement ***Mick Hirsch, Moderator***

Co-Sponsored by Wellesley Neighbors, Wellesley Free Library, World of Wellesley
Thursday, November 3, 7pm, Wellesley Free Library

Civil conflicts, climate change and ethnic persecution are generating forcibly displaced persons at unprecedented levels. Sixty-five million people are living on the margins of global society. The so-called refugee crisis, however, is not current – what's current is that people are noticing. The eruption of war in Syria and the subsequent mass migration of refugees into Europe have captured the media's attention, forcing us to rethink assumptions about welcoming the stranger and sharing lived space and resources with others.

This timely program will feature an introduction to forced migration by refugee trauma recovery specialist, Mick Hirsch. Two refugee survivors who



have successfully resettled to the United States from Laos and Nepal will share their experiences moving from their homeland to refugee camps to a new, unfamiliar “home” in the United States. All are invited to come hear stories both haunting and humorous, hopeless and hopeful!

Mick Hirsch is a graduate of the University of Chicago, the Yale University Divinity School and the Harvard Program in Refugee Trauma. He is the director of religious education and development at the Unitarian Universalist Society of Wellesley Hills. Pon Nokham is a lawyer who as a young girl, fled Laos with her family. Naina Adhikari fled with her family from Bhutan to Nepal, and she hopes to become a social worker.



Happenings

Wellesley Neighbors enjoy cluster gatherings in the late summer.

Photos from Dana, Hills, Fells, Western, and Central clusters.



Short Takes

WELLESLEY NEIGHBORS HAS CREATED A NEW COMMITTEE, THE TRAVEL COMMITTEE. Members of this committee will plan short trips (one to four days) beyond the Boston/MetroWest area that require bus, train, car or plane travel. Members to date include Mimi Ferrell, Margot Lansing, Linda Reineman and Joyce Wadlington. Trips will be open to other Massachusetts Villages. Members wishing to join this committee or who want to find out more about it, please contact Margot Lansing at 781-237-1754 or at margotlansing@gmail.com.

WN BOARD MEMBER MARY LEFKOWITZ WAS RECENTLY INTERVIEWED BY THE WALL STREET JOURNAL, along with her co-editor James Romm, classics professor at Bard College, about their new book, *The Greek Plays*. Published by Penguin Random House's Modern Library, their translations of sixteen plays, according to *THE WSJ*, "are setting out to topple the long-time incumbent of Greek Drama," *The Complete Greek Tragedies*, published by the University of Chicago Press over 60 years ago. *The WSJ* stated the goal of the book as "becoming the new go-to edition for students and devotees of the classics." In an email to the Wellesley College press, Mary said she wished she had been able to provide her students with something like *The Greek Plays* when she taught Greek drama and other courses at Wellesley, because

it is "one volume containing most of the plays I wanted my students to read, but with notes that provided background information and maps that could help them find their way through an unfamiliar world."

PAST PRESIDENT JANET GIELE WAS MENTIONED IN THE AUGUST 26, 2016 ISSUE OF *POLITICO* magazine in an article written by Michael Kruse about Hillary Rodham Clinton's style as president of the Student Senate at Wellesley College. According to Academic Council minutes that Kruse obtained, "Miss Rodham questioned if it would be politic to approach individual faculty members and discuss the matter of student participation with them. Mrs. Giele –Janet Z. Giele, a sociology professor—replied that she did think that the individual approach was good especially since many faculty members have a fear of being backed against a wall and mass protest serves to increase this fear. Mrs. Giele cautioned students to steer away from the use of the word 'demand,' saying that it only alienated people who might otherwise be quite sympathetic to student ideas." Kruse contacted Janet when writing the article and reported, "Giele, who went on to teach at Brandeis University but still lives in Wellesley, noted to me the future Hillary Clinton's 'early talent for mediation.'"

J.B.



Welcome New Members



Lauri and Alan Slawsby have lived at 20 Tappan Road on the Brook Path for 38 years. They have a son, Alex, and two granddaughters: Ava, 7 and Bree, 5. They operate a Wellesley-based property management firm focusing on condominium associations. Lauri loves pastel painting, reading, exercise and art museums. Alan enjoys golf, reading, and Boston Symphony Orchestra and Metropolitan Opera HD performances.

Faith Walsh moved to Wellesley from Floral Park (Long Island), NY, in 2015 to be near her daughter and her family after her husband passed away. Faith is a former teacher of elementary school children and high school math students. Her husband was an electrical engineer who was a first responder after the attacks on the World Trade Center. Faith's daughter and her husband are cancer research scientists who did their post-doctorates at Harvard Medical School. They have two children, a girl and a boy. Faith's son and daughter-in-law work in finance and are the proud parents of two boys.



October 2016 Calendar

October 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Sun. Oct. 2, 11 am - Brunch at Wang Center, Wellesley College **RSVP**

Wed. Oct. 5, 12:30 pm Men's Lunch at Wellesley College Club **RSVP**

Wed. Oct. 5, 5:30 pm Women's Night Out at Calif. Pizza Kitchen **RSVP**

Tue. Oct. 11, 12 noon Lunch at Calif. Pizza Kitchen **RSVP**

Thur. Oct. 13, 5:30 pm Dinner at Villa Restaurant, Wayland **RSVP**

Thur, Oct. 13, noon Dead Line for Symphony tickets ★

Sun. Oct. 16, 2 pm Wellesley Symphony **RSVP**

Sun. Oct. 16 12 noon Dead Line for POT LUCK SUPPERS **RSVP** ★

Tue. Oct. 18, 12 noon Lunch & Wellesley Neighbors Annual Meeting, Wellesley College Club **RSVP**

Thur. Oct. 20, 3 pm Hearing Aids workshop, Wang Center, Wellesley College **RSVP**

Sat. Oct. 22, 6 pm, Pot Luck Suppers **RSVP**

Thur. Oct. 27, 10 am Wellesley College Walking tour (Peter Fergusson) **RSVP**

Thur. Oct. 27, 12 noon - Lunch at Alta Strata **RSVP**

Note: Times and dates are subject to change. Email notices will be sent prior to events.

- ◆ Register on the website, call 781 283-0417, ext. 2, or email events@wellesleyneighbors.org
- ◆ Tell us if you need a ride or can offer a ride.
- ◆ **RSVP at least 24 hours before an event to ensure adequate seating and refreshments.**
- ◆ **Please call or email to cancel if you find you cannot attend an event.**
- ◆ Most events are open to non-members who would like to get acquainted with WN.

Early November 2016 Events

Tue. Nov 1, 3 pm "Selecting Home Health Providers for Seniors" Wang Center Rm 413 **RSVP**

Wed. Nov. 2, 5:30 pm Women's Night Out, Calif. Pizza Kitchen **RSVP**

Wed. Nov. 2, 12:30 pm Men's Lunch at Wellesley College Club **RSVP**

Thurs. Nov. 3, 7 pm **Wellesley Public Library panel on Refugees**



September Service and Support

Service referrals: Garage sale partner, plumber (3)

Support requests: Rides (8)



To request service or support, call Joyce at 781-283-0417, ext 1.

How to Contact Wellesley Neighbors

Phone:



Executive Director: 781 283-0417, ext. 1

Events: 781 283-0417, ext. 2

Email:



Exec Dir: director@wellesleyneighbors.org

President: president@wellesleyneighbors.org

Events: events@wellesleyneighbors.org

Newsletter: editor@wellesleyneighbors.org

Website:



www.wellesleyneighbors.org

Postal Mail:



Wellesley Neighbors

888 Worcester St. Suite 260

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October Newsletter

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888 Worcester Street Suite 260
Wellesley, MA 02482

Board of Directors

Nancy Gans, President

Margot Lansing, Vice President

Ann Swanson, Clerk

Stan Treitman, Treasurer

Nancy Amstutz Mary Lefkowitz

Maureen Donlon Troy Murray

Mimi Ferrell Barbara Offenhartz

Bob Geiser Ilse Sangree

Peter Goldberg Joel Slocum

Sara-Jane Green Ralph Wagner

“Believe you can and you’re halfway there.”

Theodore Roosevelt